Arbejdsmiljøforlaget

Working hours for young persons under the age of 18									
			Subject to compulsory education		Not subject to compulsory education				
			13-14 years old	15-17 years old	15-17 years old	Young per- sons 15-17 years old in shops, petrol stations etc.	Young per- sons 15-17 years old in theatres, cin- emas, concert venues etc.	Young per- sons15-17 years old in restaurants, hotels, grill bars etc.	Young per- sons 15-17 years old who participate in cultural activities
Daily worki		School days	Maximum 2 hours		As usual working hours for adults, but maximum 8 hours				
hours	;	Other days	Maximum 7 hours	Maximum 8 hours					
Week worki	ing	Weeks with school days	Maximum 12 hours		As usual working hours for adults, up to a maximum of 40 hours				
hours	rs	Other weeks	Maximum 35 hours	Maximum 40 hours					
Period of rest in a 24- hour period		Continuous period of at least 14 hours per day		Continuous period of at least 12 hours a day					
Days off in each 7-day period		Two consecutive days, usually including Sundays. Can be dispensed with in agriculture and healthcare							
Evening and night work ¹⁾		Prohibited b	etween 8.00 p	m to 6.00 am	Prohibited between 10.00 pm and 6.00 am	May assist in perfor- mances un- til midnight	May work until mid- night ²⁾	May partic- ipate until midnight ³⁾	
Working alone		Young persons are not allowed to work alone between 6.00 pm and 6.00 am on weekdays and between 2.00 pm and 6.00 am on Saturdays, Sundays and public holidays ⁴⁾							
Breaks		Minimum 30 minutes if the working day is more than 4.5 hours. Apart from this break, the daily working time must be consecutive if the working time is 8 hours or more							

1) Delivery of daily newspapers may begin no earlier than 5.00 am.

2) Young persons under the age of 18 are not allowed to work during opening hours in premises where alcohol is served. This also applies to, e.g., cloakrooms and restrooms associated with the serving area.

- *3)* Other dispensations require authorisation from the Danish Working Environment Authority.
- 4) This applies to work during opening hours in bakery shops, kiosks, grill bars, video stores, Internet cafés, service stations etc. as well as shops at isolated locations.

When working in a shopping centre, young persons may work alone or together with other young persons during the shopping centre's regular opening hours between 6.00 pm and 8.00 pm on weekdays and between 2.00 pm and 8.00 pm on Saturdays, Sundays and public holidays if the shopping centre is frequently patrolled by security guards during these periods or if the work in the store is carried out under other forms of supervision.